

January 2017

THE *Yoga* SPACE

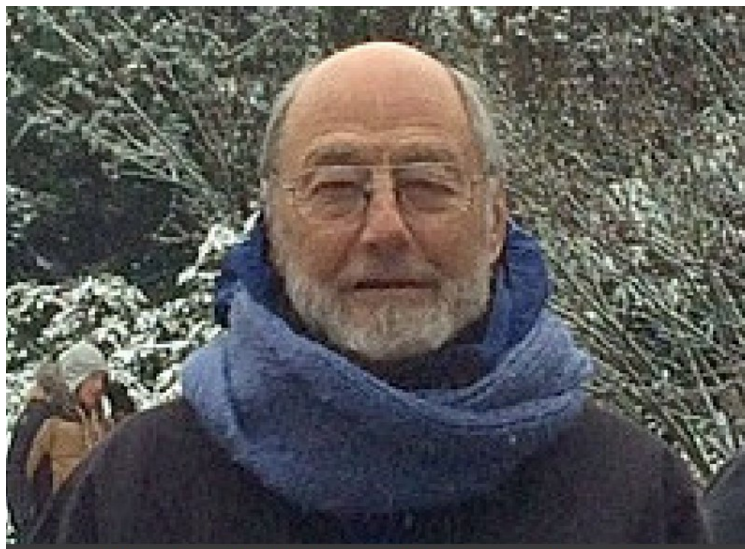
Happy New Year to all our Yoga Space Students and Friends!!

We are excited about 2017 and have some news for you...

First of all....

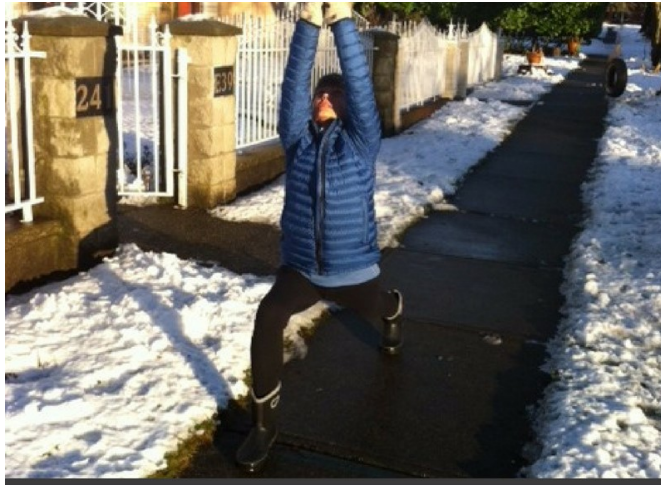
Congratulations to the three winners for our early-bird registrants' lottery! Free sessions go to Jim McDowell, Cheryl Wong and Corinne Skrobot!

Jim wrote the following beautiful paragraph when asked about his relationship with yoga:



After slow-striding around the seemingly endless intermediate plateau for fourteen years striving to sustain physical integrity and searching for self-awareness, this aged heron is astonished (and amused) to finally find, instead, a significantly different, unexpected gift dropped at his feet by chance.

Corinne shared these photos and insights:



Sometimes
when we feel it's all uphill ...



We could just surrender

[Visit Our Website](#)

New Winter Session starts soon

Make sure you register for our new winter session as

January						2017
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21

it starts early this year: **January 2, 2017**

[Click here to register for the Winter 2017 session.](#)

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
Notes:-						

Our January Saturday workshop at the Yoga Space:

Insights from India

with Linda Shevloff

Saturday, January 28, 2017

Time: 3:30 to 6:00pm

Linda will share some of the teaching moments from her recent trip to the Ramamani Iyengar Memorial Institute in India. This workshop will be suitable for all levels of students.

[Click here to register for the Saturday workshop.](#)



Wishing you a healthful and happy 2017,

From The Yoga Space,

Louie, Cheryl and Morgan

Visit us at: theyogaspacespace.ca and "like" us on FaceBook!

STAY CONNECTED:



The Yoga Space, 677 East 27th Avenue, Vancouver, BC V5V 2K7 Canada

SafeUnsubscribe™ {recipient's email}

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)

Sent by theyogaspacancouver@gmail.com in collaboration with



Try it free today